

Friends of Colorado Crew Formed



The Friends of Colorado Crew Organization has been created!

Over the past 12 months Alex Berlin and Michael Sinkey with the help of Barry Sinkey, Chris Geddes and others have formed a non-profit organization to support the University of Colorado Row-

ing Team. After spending many years rowing in Colorado and experiencing its ups and downs Alex Berlin, at the time a coach for the University of Michigan Men's Rowing Team, and former program director Michael Sinkey began the process of outlining the structure of the Friends of Colorado Crew. After much thought and revision the mission, vision, values and goals of the organization were set and papers filled making it official.

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SPECIAL POINTS OF INTEREST:

- ◆ Friends of Colorado Crew Formed
- ◆ Colorado Crew makes it to Nationals
- ◆ Alex Berlin—New Program Director
- ◆ Crews cleanup at Frost-bit regatta
- ◆ Save the date: Boulder Sprints April 14th

Colorado Crew Makes it to Nationals

Last spring the University of Colorado rowing team sent their men's first varsity 8+ boat to the IRA championship in Camden NJ. The University of Colorado has attended this regatta participating in the pairs event in the past but this was first time the team has made it into the main event. Colorado made its way to the IRA regatta by winning gold in its event at the WIRA conference championship in Sacramento and then taking bronze at the Dad Vials regatta in Philadelphia.

With these two very hard fought races the University of Colorado became only the 5th school from west of the Mis-

issippi to be accepted to the regatta. After competing against the top programs in the country CU finished 22nd overall!

Coach: Handsen Wendalandt
 Coxswain: Stephen Ching (Sophomore)
 Stroke: Louise Savage (Senior)
 7 Seat: Todd Freedman (Senior)
 6 Seat: Chris Kelley (Senior)
 5 Seat: Heath Allen (Junior)
 4 Seat: Geoff Fasen (Senior)
 3 Seat: Matthew Huntze (Sophomore)
 2 Seat: Bryan Catalani (Senior)
 Bow: Nate Birkhead (Senior)

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Salcido- Coffee Tables



This fall the Salcido was retired from the fleet. Back in 2004 the Salcido, crewed by a novice men's team was swamped and broken in half when a number of large waves filled the boat in a sudden wind storm or "White Squall".

The Salcido was named after Rob Salcido who coached the varsity women for 3 years. Rob successfully coached the varsity women to a second place finish at the 1997 San Diego crew classic in an 8+, and to a first place finish in the 1997 PCRC's championship 8+. He provided a stable coaching foundation and good leadership during the years when CU Crew remained a student

run and student funded organization with all volunteer coaches. A number of hours, tubs of epoxy and squares of fiberglass were spent trying to sure up the shell and bring it back to rowable strength, but coaches determined that the boat wasn't safe to return to the water. During the fall season the Salcido was cut into sections. Each section contains a full rower's "State Room" with a seat, foot well, foot stretchers and shoes (not shown). The ends of the table are stained Pine. (glass top optional) The table is a unique piece of furniture that brings back memories and is sure to be a conversation starter.

The team is selling the coffee tables and proceeds will go toward purchasing new equipment. \$475 w/o glass +shipping. For more info or to order email: Friendsofcoloradocrew@gmail.com

FOCC HOLDS
PANCAKE
BREAKFAST FOR
ROWERS AND
PARENTS AT
THIS YEARS
PARENTS
WEEKEND

Parent's Weekend



MASS FINISH FOR THE FIRST ROW OF THE ROCKIES

The Friends of Colorado Crew hosted the 2nd annual Parents weekend at the Boulder Reservoir. With the help of program director Alex Berlin the Friends of Colorado Crew put on a free pancake breakfast for the rowers and parents. Rowers from the University of Colorado, Boulder Row-

ing Club and Colorado State University participated in the first annual row around the Rockies. The course was setup around the perimeter of the reservoir covering approximately 5000 meters. Crews were sent off in reverse seed order providing an exciting finish. After the race rowers,

parents and coaches enjoyed pancakes, bacon, coffee and juice donated and prepared by FOCC member Michael Sinkey, and former rowers Geoff Fasen, Matt Hynes Grace, and Sallie Hill.

The crisp clear morning and very little wind provided a great environment for parents to see their kids in action, learn more about the sport of rowing and get introduced to the coaching staff.

THANKS PARENTS FOR COMING OUT!



COACH AND PROGRAM DIRECTOR ALEX BERLIN GETS HIS CREW READY TO RACE AT THE FIRST ROW OF THE ROCKIES

SPRING SCHEDULE

SPRING BREAK

TEMPE, AZ

MARCH 24TH–30TH

CREW CLASSIC

SAN DIEGO, CA

MARCH 31ST–APRIL 1ST

BOULDER SPRINT

BOULDER, CO

APRIL 14TH

WIRA

SACRAMENTO, CA

APRIL 27TH–29TH

Fall Results

Colorado Crew traveled to three regattas this fall.

The team traveled to Oklahoma City for the Head of the Oklahoma, Iowa City for the Head of the Iowa and Wichita for the Frostbite Regatta.

Results are as follows:

Iowa City—Varsity and Novice

W1V4+ 14th

W2V4+ 22nd

W1N8+ 7th

W2N8+ 22nd

W1O8+23th

W1O8+25th

W1O8+29th

MV4+ 20th

MV2– 6th

MN8+ 4th, 9th, 13th

M8+ 20th, 21st, 22nd

Frostbite—Varsity and Novice

MV4+ 3rd

MV2– 2nd

MV8+ 2nd

WV8+ 3rd

M1N8+ 1st

M2N8+ 1st and 2nd

W1N8+ 1st

W2N8+ 2nd

FOCC Mission, Vision and Values

Continued from page 1...

In creating the Friends of Colorado Crew organization founder Alex Berlin worked hard to develop a Mission Vision and Values statements that would establish a strong sense of structure and purpose.

Mission: Friends of Colorado Crew is a nonprofit aimed at advancing the University of Colorado Rowing Team by providing long-term physical and financial planning and development.

In order to allow the team’s staff and athletes to focus exclusively on performance, FoCC will utilize planned fundraising to purchase the facilities and equipment the team needs, in addition to covering it’s operating expenses.

Vision: We want to make the University of Colorado Men’s and Women’s

Rowing Teams perennial national title contenders composed of successful student.

Values : We are guided by the thought that we can ask no less of ourselves than the athletes ask of their teammates.

Therefore, our organization is based on the same principles that the student-athletes of the University of Colorado Rowing Team embody. These values include hard work, teamwork, perseverance, and cooperation. We, like the athletes, recognize that some tasks will be arduous, but overcoming these obstacles leads to personal improvement and collective advancement.

Check out the new website:
www.FriendsofColoradoCrew.com

FRIENDS OF
 COLORADO
 CREW IS A
 NONPROFIT
 AIMED AT
 ADVANCING THE
 UNIVERSITY OF
 COLORADO

Alex Berlin: Program Director

This summer Alex Berlin returned to Colorado to take over the program from Michael Sinkey, director for the past two years.

Alex, a former rower and board member returned from a two year coaching stint at the University of Michigan for the men's rowing team. Alex coached the freshman under well know and respected Gregg Hartstuff. Alex spent his time developing and refining his coaching style. He also spent much of his time with the program learning

the ins and outs of the Michigan program, one of the top club programs in the country.

"I am excited to be back in Colorado at my alma mater," said Berlin. "I look forward to helping provide young athletes with the same great experience that I had."

Alex has taken the reigns and is making his mark. Alex has focused on strengthening the teams relationship with the university, establishing a dues structure that is more friendly to the rowers, becoming more in-

involved with both the rowing community in Colorado and the local Boulder community, as well as working more closely with the reservoir to secure a storage site closer to the water and begin discussions regarding a boathouse for the program.



PROGRAM DIRECTOR—ALEX BERLIN

"I AM EXCITED TO BE BACK IN COLORADO AT MY ALMA MATER HELPING TO PROVIDE YOUNG ATHLETES WITH THE SAME GREAT EXPERIENCE THAT I HAD."

Boulder Sprints

This year looks to be a banner year for the Boulder Sprints. After two years of poor communication Colorado Crew and the Friends of Colorado Crew are working hard to ensure the Best Sprints race yet.

This year Boulder Sprints will be held on April 14th. This is the second Saturday of the month and falls in between the Crew Classic and the WIRA championship regattas for the team.

Racing will feature Colorado Rowing vs. Oklahoma City University, additional teams from Colorado State University, may also attend.

All alumni and parents are invited to at-

tend the race. Parents will have the opportunity to get in a boat and receive a quick lesson in rowing.

This year Boulder Sprints will feature an Alumni Appreciation Dinner on the Friday before the regatta as well as a formal poker night to benefit the team on Saturday night.

We hope that all of you can attend and lend your support to the team. Below you will find an information form that will help us plan Boulder Sprints. Please print and send back to Friends of Colorado Crew at P.O. Box 18673 Boulder, CO 80308.

Thank You!

The Friends of Colorado Crew and the University of Colorado Crew wants to thank our supporters and donors. Every year members of the community, parents of current and past rowers as well as alumni step forward and give to the program

that has impacted them is some way. These shows of support are very important to the program and are greatly appreciated by the coaching staff and rowers. Here is a list of this years supporters of Colorado Crew.



Susan Najork and Family
 Collection Bureau Hudson Valley—Kurt Najork
 SparkFun Electronics—Nate Siedle
 County Line Lumber—Jeff Boom and Bill Dowd
 Complete home Improvement—Chuck, Joel, Eric, Dan, TJ
 Meg and Roger Berlin
 Phill and Franicie Hill
 Linda and Richard Kelley
 Barry and Judy Sinkey
 Michael Sinkey
 Dow Family
 Tom Ryerson
 The Wilson Family
 The DeWitt Family
 The Bonnetto Family
 The Kuhlman Family

The Oarsman's Club

The Oarsman's Club is an exclusive club created in 2006 to honor those families and individuals that have continually supported the program in a very personal level and has ultimately impacted the success of the team.

Membership into the club will be determined by members of the Friends of Colorado Crew Board and the standing program director. Acceptance into the club will be based on contribu-

tions of time, resources and finances.

A careful evaluation will be given to potential candidates taking into account the qualifications of past Oarsman's Club members.

A plaque and replica Colorado Crew oar and a letter of recognition will be given to each member at the time of their induction.

CURRENT OARSMAN'S CLUB MEMBERS :

The Dow Family '06

The Kelley Family '06

The Sinkey Family '06

OARSMAN'S CLUB MEMBERS TO BE INDUCTED

The Najork Family '07

Class Challenge

Colorado Rowers,

I am proud to announce the first ever Alumni Class Challenge. This event will run until June 3rd 2006, the last day of racing at the IRA regatta (men's nationals). The Alumni Class Challenge is a three pronged fundraising competition. The components 1) total gifts, 2) average gift per class member, and 3) percentage of eligible class members involved will be equally weighted.

The class to rank highest after a tally of all three categories gets two rewards. The first and most important reward for any rower is a years worth of bragging rights. The second prize is naming rights for equipment purchased with Class Challenge money. As we all know rowing is a sport of almost insatiable need and while we may have used up our athletic eligibility we can still make a significant contribution to the programs speed through our financial support. The goal for this Class Challenge is \$18,000 in total contributions.

Since graduation in 2004 I have yet to be contacted for a donation by the team and for some of you I am sure it has been much longer. I, like many of you have yet to send in a donation on my own due to questions as to how the money would be spent. Some may not have been fond of the idea that your donation might be spent on Bondo rather than boats. Others hesitated due to their desire for a well thought out plan for the usage of their money. I am proud to announce that we have found a way to overcome these concerns.

The answer to many of the fundraising hurdles for our team is Friends of Colorado Crew. The nonprofit was created a year ago January with two goals in mind: 1) to allow for the long-term financial planning and stability of the University of Colorado Rowing Team and 2) to shield large, non-operational monies from both government tax and university fee's (the current charge by the university is 5% on ALL spent monies).

A board that is separate from the team controls the organization and its money. This means that long-term projects such as a boathouse, a boat replacement plan, or an endowment for coaches salaries can now be undertaken without burdening the teams coaching or accounting staff. In addition a coaching staff operates on a one-year cycle, Friends of Colorado Crew has the ability to plan and operate on a much longer timetable.

With the creation of this nonprofit I feel comfortable that the money I donate will be used to help enhance the teams ability to compete both now and more importantly further down the course. I have made my first ever alumni donation to the team making the Class of 2004 the first one on the board in this year's Class Challenge. Please make your tax deductible checks out to Friends Of Colorado Crew.

Good Racing,

Alex Berlin



Boulder Sprints

Please fill out the following information and return to Friends of Colorado Crew at P.O. Box 18673 Boulder, CO 80308 or email responses to freindsofcoloradocrew@gmail.com

What is your affiliation with the team?

- Alumni
- Parent
- Other

What activities would you like to see at Boulder Sprints?

- Racing
- Organized Dinners
- More Social Events

Would you be interested in helping organize the event?

- Yes
- No
- Maybe

Do you plan on attending Boulder Sprints

- Yes
- No
- Maybe

Comments:

Name

Address

Phone

FRIENDS OF COLORADO CREW

PO Box 18763
Boulder, CO 80308

FriendsofColoradoCrew@gmail.com

