

Friends of Colorado Crew Fall Fundraiser

On October 20th the Friends of Colorado Crew organization will host a clay pigeon shooting challenge and pig roast fundraiser after the Colorado Crew's second annual Row Around the Rockies Parents weekend race. The event will feature a pig roast for parents, supporters, families, alumni, coaches and rowers complete with fixings.

If this is your first pig roast you have been missing out!! A pig roast is a great place to enjoy each others company, meet members of the team

and the other supporters and of course enjoy some GREAT tasting food.

The Clay Shooting Contest is a great way to spend a weekend day whether you're **Continued pg 6**



The Friends of Colorado Crew Organization will host Clay Pigeon Shooting Challenge and Pig Roast Fundraiser.

Colorado Crew Results

Continued pg 4

This spring Colorado competed in two official collegiate regattas and participated in an unofficial scrimmage. Below you will find the results as written by the coaches.

Spring Break scrimmages

Women – The Novice 8+ didn't scrimmage, the Varsity 8+ did pieces with ASU, ASU Lightweights and Tempe Rowing Club. We did shorter pieces, 2-4-6 minute pieces. Beat the Light's and split races with ASU.

Men – The morning started with ASU dropping out of the scrimmage. This was probably a good decision for them as beat them soundly at San Diego and WIRA. After they withdrew, raced two Canadian high school boats, their Junior A 8+ and their Junior B 8+ (Junior A's are seniors, junior B's are sophomores and juniors) from St. Georges School. These kids were excellent rowers and tenacious racers; I was

really amazed with the quality of these kids. Our scrimmage consisted of a 4x2k workout, one of my favorite practices. It was 4 across for the 1st race – both Canadian boats jumped out to an initial lead, but by the 1000 meter mark we had pulled even. (1f v A's 2f v B's) In the end, the 1f finished 4 lengths of open water ahead of the A's and the 2f was 2 lengths ahead of the B's. Unfortunately for the 2f, the B's went into the dock after this due to injury. In the 2nd piece the A's crushed us off the start and it took the 1f 1300m to get back even with them. Once they did they blew them away due to a combination of improved rowing and a huge expenditure of energy on the part of the Canadians to get and hold their lead off the start. Both the 3rd and 4th races had better starting pieces for CU and the race was won by the 1000 meter mark. Both the 1f and 2f crews benefited greatly from some very experienced competition. It really capped off an excellent training trip.

SPECIAL POINTS OF INTEREST:

- ◆ *Salcido* Coffee Tables for Sale
- ◆ Boulder Sprints '07 April 12th or 19th
- ◆ Colorado Crew moves to new location at Boulder Reservoir
- ◆ 1F and 2F earn bronze at WIRA Championship
- ◆ Save the date: **Row Around the Rockies** October 20th (Parents Weekend)
- ◆ Meet the Friends of Colorado Crew Board

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Salcido- Coffee Tables



This fall the Salcido was retired from the fleet. Back in 2004 the Salcido, crewed by a novice men's team was swamped and broken in half when a number of large waves filled the boat in a sudden wind storm the team dubbed "White Squall day". The Salcido was named after Rob Salcido who

coached the varsity women for 3 years. Rob successfully coached the varsity women to a second place finish at the 1997 San Diego crew classic in an 8+, and to a first place finish in the 1997 PCRC's championship 8+. He provided a stable coaching foundation and good leadership during the years when CU Crew remained a student run and

student funded organization with all volunteer coaches.

A number of hours, tubs of epoxy and squares of fiberglass were spent trying to sure up the shell and bring it back to rowable strength, but coaches determined that the boat wasn't safe to return to the water. During the fall season the Salcido was cut into sections. Each section contains a full rower's "state room" with a seat, foot well, foot stretchers and shoes (not shown). The ends of the table are stained Pine. (glass top optional) The table is a unique piece of furniture that brings back memories and is sure to be a conversation starter.

The team is selling the coffee tables and proceeds will go toward purchasing new equipment. \$350 w/o glass +shipping. For more info or to order email: Friendsofcoloradocrew@gmail.com

FOCC HOLDS
BBQ FOR
ROWERS, ALUMNI
AND PARENTS AT
THIS YEARS
BOULDER SPRINTS

THANKS FOR
COMING OUT!

Boulder Sprints



MEN AND WOMEN TAKE THEIR POINT AT BOULDER SPRINTS

April 14th – Friends of Colorado Crew hosted a BBQ for parents, alumni, supporters and rowers after Colorado Crew's annual Boulder Sprints Regatta. Friends of Colorado Crew and alumni helped to cook 40 hamburgers and 30 hotdogs for all those that came to Union Reservoir in Longmont. Colorado Crew conducted a scrimmage and completed at least four 2K race pieces. The scrimmage was great preparation for their final regatta in Sacramento. Boulder Sprints was suppose to feature a duals race between Colorado Crew and the University of Oklahoma City, but the prediction of

yet another monster storm persuaded OKC to postpone their trip to next year. The storm that was predicted to dump 18+ inches of snow on the Front Range pushed south at the last minute and left Boulder warm and dry. Seeing that the day was going to be in low 70's have calm

winds and clear skies the team decided to scrimmage each other and make the most of it. As it turned out it was a great day to rower and was entertaining for the parents and alumni that were able to attend

For those of you interested in attending Boulder Sprints next year the team has tentatively scheduled the race for **April 12th or 19th**. The date will be finalized and published in our next newsletter at the beginning of next season.



THE WOMEN'S TEAM STANDS ON THE SHORE OF UNION RESERVOIR AFTER A MORNING OF RACING AND A BBQ HOSTED BY THE FRIENDS OF COLORADO CREW.

FOCC Board Members

Michael Sinkey – Director

Michael Sinkey is a partner in Boulder Creek Builders a small residential construction and land development company in Boulder. He has worked with Boulder Creek since he graduated in 2004 with a degree in Finance and a certificate in Real Estate.

Michael started his rowing career during his first senior year of college. After spending a semester in New Zealand his younger brother convinced him to attend an informational meeting, since then Michael committed himself to rowing at Colorado. He rowed for the 2003 - 2004 seasons under coaches JP Reinhard, Marcus Jones and Tom Ryerson. After graduating Michael became the program director for two years. As the demands of work became more substantial, Michael assisted Alex Berlin in the formation of the Friends of Colorado Crew and became the Director of the non-profit organization.

Todd Freedman – Treasurer

Todd Freedman currently works as a first year audit associate for KPMG, LLP in Denver, CO.

He originally started rowing when a friend of his dragged him along to a recruiting meeting for the rowing team. Skeptical at first of the early mornings and hard workouts, Todd eventually got over his hesitations and ended up rowing with the team for four years until his graduation in

May 2006. His proudest memories of rowing include medals at the Head of the Charles, WIRAs and Dad Vails as well as being a part of the first men's eight ever sent by CU to IRA's.

John Wood - Director of Alumni Relations

John Woods owns Stonewood Property Management a Commercial Real Estate investment and development company here in Boulder. He has been working in the Property development and management business for 12 years. After graduation he spent time in Corporate America with California Casualty Insurance in sales and with Coca Cola USA in marketing and national accounts development.

His rowing career began at the Univ. of San Diego in San Diego, CA where he met Marcy Steinmetz who brought him to Boulder. In 1992 Marcy and John founded the Colorado Crew with the help of RMRC and Christian Saia.

John had one year of eligibility left and rowed in the 92/93 year. In 93/94 John fell back into an Admin. roll with the team. John Graduated from CU in May 1994.

In 98/99 John assisted as a coach with the formation of the Boulder Community Rowing club.

Today John enjoys quiet morning rows in his 1992 Oxford wooden scull on the reservoirs of Loveland, CO. He hopes one day soon to take a jaunt on Boulder Res and re-live the glory days!

We need you...

The Friends of Colorado Crew is looking to populate its board! We are looking for individuals that have a genuine interest in improving the standing of the team. Currently all of our members come from the men's side of the program and we would like to diversify the board to include members from the women's program. We are looking for members that can help contact alumni, maintain our website, organize fundraisers, bring in donations, etc. If you have an interest in being on the board

please contact Michael Sinkey at by phone at 303-588-2971.

2007-2008 IMPORTANT DATES

PRACTICE STARTS

AUGUST 13TH

PARENTS WEEKEND

AND

CLAY SHOOT CHALLENGE

OCTOBER 19TH-21ST

BOULDER SPRINT

BOULDER, CO

APRIL 12TH OR 19TH

FALL RACES

SEE NEXT NEWSLETTER
FOR DATES AND
LOCATIONS



Results Continued...

Continued pg 5

San Diego

Women -



- In a nail biter of a heat, the first 8+ rowed in the Open 8+ event, clinching the top spot for the Petite Finals. Despite it being the first sprint race for five of the girls in this boat, they finished 10th out of over 20 crews. In the novice 8+ event, the girls rowed very strong and gained a lot of experience, racing in the third level final.

Men -

The 1f drew a tough heat which included 3 varsity programs (Stanford, Northeastern, and Washington State). While they raced adequately, the heats proved how advantageous recruiting can be for early spring freshman. A 4th place heat finish behind Washington State earned the boat a petite final race and a rematch with Washington state. The race was a



battle all the way down the course but Washington State broke free of the field to finish 1st making them 7th overall. UCSD finished second and we edged out usc for 3rd place, or 9th place out of 21 crews in the overall standings. The 2f field was far smaller and they were given the opportunity to race the 5 other 2f's twice. In the first race, Orange Coast College quickly escaped off the front and UC Davis followed them out with UCLA. Coming into the finish we were 4th leading USC and UCSD by 4 seats when UCLA caught a massive over-the-head crab. Our group of boats rowed through the poor UCLA crew giving us a 3rd place finish. Later in the day the 2f raced again in a much more competitive race and finished 6th overall.

WIRA

Women - The Novice Women's 4+ rowed a solid race in their heat and qualified for petite finals. They demolished the rest of the field; finishing six seconds ahead of the second place fin-

isher in the final. The Varsity 8+ competed with a remarkable six novices in the boat. Despite inexperience they easily made the petite final. They had a commanding first 1000m race, but struggled a little bit in the second 1000m and finished fifth. The Varsity 4+ also made the petite finals and finished 12th out of 18 crews.

Summary of Season

All in all, the women's team made very big strides in establishing a competitive nature in the women's program.

With a team comprised of mostly freshmen and sophomores - the girls are looking to build on this season, for next year and land a place on the podium.



Men - The 1f and 2f showed up to WIRAs having had 2 very different ways of practicing in the two weeks preceding the race. The 2f struggled with attendance and consistency for these last few practices while the 1f really seemed to gel. While I expected the crew to do well against the WIRA field I was amazed



when the crews came past me and we were right up next to

UC Davis. I had told the 1f to race all out even if they were in a comfortable qualifying position (top 2 moved on to finals) and I think



Results Continued...

this surprised Davis, but he responded well and finished 2 seconds ahead of us.

Sunday racing for the men started with the 2f. As expected Orange Coast got out to an early lead along with Davis, but as the race hit the 1700m mark we had established a hearty lead over Washington State. The Bronze medal in the 2f marked the 1st time CU scored a medal in a freshman 8+ at WIRA. In the 1f grand final Orange Coast took a big lead and left the field to fight for places 2-6. Coming out of the 1st 500m CU was 4th behind Washington State. The boys executed the race plan and sure enough they rowed through Washington State and pulled up to Davis. This time Davis was ready to sprint and did it better than us. The 1f placing 3rd gave the program 3 more firsts for the day: a medal in the 1f, medals in both freshman 8+'s, and every CU man (and Ali) returning to Boulder with a WIRA medal!

Dad Vail

Men



After having near IRA qualifying times at WIRA, I made the decision to enter the Dad Vail Regatta in Philadelphia. It is a unique race that offers no petite finals despite having over 30 crews in the freshman event. While we rowed poorly in our heat, we advanced to the semifinals and raced much faster. It was a close race and we were beaten at the line by Purdue for a 3rd place finish. The race proved to me that we were just off the speed needed to go to the IRA so I sent the boys home for the summer. Every guy on the team

knows what they need to do next year if they want to go to the IRA and it should be exciting to watch this class buckle down and fly!

Donated Boats

Team Pair

Friends of Colorado Crew would like to extend its gratitude to Thomas B. Ryerson and family for the donation of his Vespoli pair! This spring, Tom Ryerson a former coach (2003-2006) and board member, donated his Matrix 33' pair to the Friends of Colorado Crew, which was promptly donated to the University for use by the team.

Over the past three years Tom had been gracious enough to allow the team to borrow his shell for practices and racing. The team had only one other pair, which is dated and too small for many of the larger athletes on the team. The pair will be a great asset to the team and already has a decorated history with the team. Last year the varsity men's team, in Tom's pair (shown above) took the silver medal at their championship regatta in Sacramento.

Tom donated the pair as he found his time for rowing becoming more limited. Getting married and starting a family is quite time consuming! The boat will be named after his daughter Lyra.



Kye Colby and Alex Dow row Tom's pair to a 2nd place finish at last year's Championship regatta in Sacramento.

Thank you Tom for your contribution and CONGRATULATIONS on the new family!!!

Team Single

FOCC would like to thank Helen Cospolich of Breckenridge Co for her donation of a Hudson Single, oars and car rack. The shell was accepted by FOCC with the intent of repairing a couple of small cracks in the hull. It will either be donated to the team for racing or sold to raise funds for a different boat that might suit the team's needs better.

Thank you Helen!!!

Thank You!

Thank you to all of the people that made the spring season so enjoyable. We had a huge hand from the parents and our alumni through their loud voices and delicious spreads at races as well as financial support. Below is a list of all of those that pitched in this spring; every member of the team thanks you for your invaluable service. Special thanks are due to Randy DeWitt who stepped in this year as Team Dad. Randy did an amazing job of organizing all of the parents for our WIRA trip and the results were unlike anything we have ever been fortunate enough to encounter before. Everyone at the race agreed that his spread at the race was amazing. He has also been gracious enough to accept the role for next year. If you are either a parents or an alumni interested in helping out please contact Friends of Colorado Crew and we will put you in touch with Randy.

Thank you.... The Gawick's,
The Shanahan's,

Spring Supporters The Bunch's,
The Mattson's The Wallace's,
The Shaub's, The Gallagher's,
The Wilson's, Sally Brands,
The Destinio's, The Gaillot's,
John Birkhead, Sallie Hill,



The DeWitt's,
Phil Hill,
S. Kay Christensen,
The Winkelmeier's,
Matt Hynes-Grace,
Todd Freedman,
Kristian Howell,

Fall Supporters
Meg and Roger Berlin
Phil and Francie Hill
Linda and Richard Kelley
Barry and Judy Sinkey

Michael Sinkey
Dow Family
Tom Ryerson
The Bonnetto Family
The Kuhlman Family
Susan Najork and Family

Business Supporters:
Collection Bureau Hudson Valley - Kurt Najork
SparkFun Electronics - Nate Siedle
County Line Lumber - Jeff Boom and Bill Dowd
Complete Home Improvement - Chuck, Joel, Eric,
Dan, TJ

Fundraiser Continued from pg 1.

an avid hunter, an avid sporting clay shooter or just someone that wants to test their aim. The course will be made up of 5 different shooting stations to test each shooters skills. The fundraiser will feature the following events:

- ~Youth shooting Challenge (under 18).
- ~Master Men's and Women's individual competitions.
- ~Team competition comprised of 4 members.

We will be taking individual entries, team entries and company entries.

This is a fun event - you are not required to hit the targets, Give it a try and know that you are helping the team. Companies entering teams this year already include Boulder Creek Builders, Advantage Bank, and Colorado Capital.

We will also be taking sponsorships for individual shooting stands and top awards. It is a great way to get exposure and all proceeds go to a good cause.

Check your in-boxes later this summer for our official entry form.

Colorado Crew, the University and the Reservoir.

While the readers of this newsletter are familiar with the team's persistent fundraising efforts outside the University, few are aware of the efforts being made within the University. Last year the students put a referendum on the ballot asking the student body to support the team through their fees for the amount of 45 cents per student, per semester. Thanks to the hard work of the students this referendum passed but unfortunately a Supreme Court case led the University to abolish its referenda process and replace it with a funding board.

Once the new Student Groups Funding Board was established this fall the team put together a very complete funding proposal. The board turned down the application on account of our Club Sports status but unfortunately poor communication by the board prevented the team from learning of this decision until late in the spring.

Following the SGFB decision, a meeting with the Tri-executives (student presidents) was set up. While this meeting yielded little it did vault the case of Colorado Crew into the forefront of tri-exec Andy Aitchison agenda. Through a series of meetings and a good amount of investigation it was decided that Aitchison would submit a bill to Legislative Council to see if the team could get at least the 1st year of the referendum \$25,580 to purchase some new equipment.

Almost the entire team was on hand for the second reading of the bill. The legislation had the full support of the newly elected tri-execs but the Leg. Council was very undecided. During open forum team President Don Rohrig and Program Director Alex Berlin gave statements in support of the bill. During this time, outgoing Tri-execs Ashley Nakagawa and Charles Johnson gave a speech against the bill.

When the bill came up for debate it was apparent that the comments of Johnson and Nakagawa were well received by the council. Members of Leg. Council asked the team questions for an hour and one half before moving to vote. After some excit-

ing political antics the bill passed by an overwhelming margin. The team was elated and left the meeting on a real high. Unfortunately for Colorado Crew, Nakagawa and Johnson choose not to sit in on the discussion and as their last act as tri-execs vetoed the bill. The veto can be overturned by a 2/3rd majority of the leg. council and that vote will happen June 21st.

Based on the voting during the second reading of the bill had expected the veto to be overturned and the team to receive its money. Unfortunately at the hearing a severely reduced summer council felt uneasy about their past decision and without a full contingent didn't feel comfortable overriding the veto even with admitting the students overwhelming voted for the referendum. With this new money Colorado Crew was going to move forward on its plan to purchase 3 new Vespoli 4+'s. The total bill for these shells was to exceed the \$25,000 of the bill and was hoping to use money raised in the class challenge and other fundraisers to cover the costs.

The decision made by the council is disheartening. The program has approached the university in many different ways to find funding and support. Every time the team seems to turn a corner and find a way to secure funding the effort is crushed with a consolation "but we think you deserved it" explanation. Through Friends of Colorado Crew and the Program we will continue to look for avenues within the University for funding but in the mean time we will rely heavily on Alumni, Parents and Supports for financial support.

Other Recent Improvements ...

The program successfully secured a new 2006 GMC Diesel truck, through the University. The truck will be used to pull the crew trailer to regattas. The program has always had to rely on the generosity of coaches, parents, or acquaintance for the use of a truck. Traveling around the country puts an enormous amount of strain on a vehicle and has cost donors many thou-

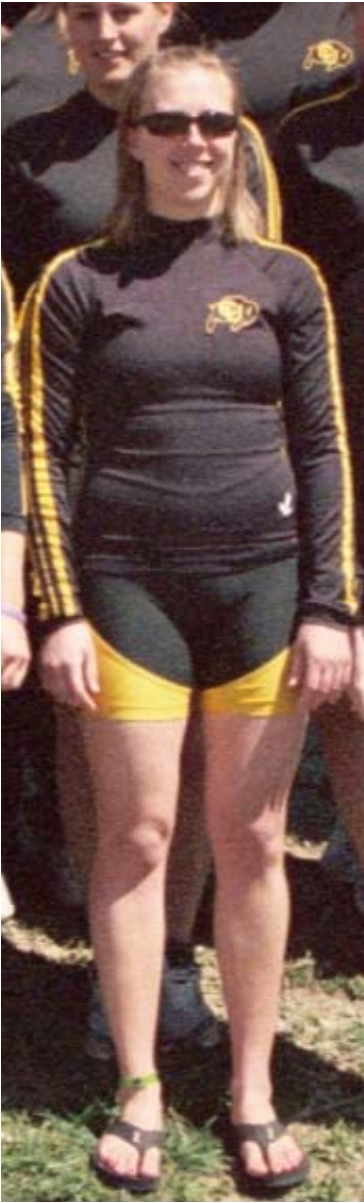
sands of dollars in maintenance costs. Having a truck through the University alleviates this burden. It also ensures the team has a means of transporting its boats to regattas for the next 6+ years.

The "boathouse" has moved to a new location at the Boulder Reservoir. Last summer the reservoir made the decision to replace all of the old wooden docks with new improved plastic docks. Unfortunately the new docks floated much higher in the water preventing the launching and retrieval of rowing shells. Fortunately the reservoir kept one of the old wooden dock close to the swimming area and allowed the program to move the boat racks and equipment much closer to the reservoir. With a generous donation of lumber from County Line Lumber and labor from Complete Home Improvement the team was able to construct two new heavy duty boat racks just 75 yards from the water.

In each of the past two years the program director for the team (Michael Sinkey '06 and Alex Berlin '07) have been recognized for their efforts with the Coach of the Year award. The award is given by the University of Colorado Club Sports Program, one of the top in the country. This Club Sports program regularly sends teams to national championships and to be presented with the award is a great testament to the strides the program has made with the club sports program.

In a joint effort between the team and the Friends of organization the program has committed to bringing in high level coaching by offering its head coaches \$10,000 for the year and assistant coaches \$5,000. This is a bold move for the program as money is always scarce, but necessary to take this program to the next level of competitiveness. If you are interested in donating to this cause please contact Michael Sinkey.

This Years Seniors



Shae Shanahan

With a rowing career steeped in turmoil and constant coaching turnover this years graduating seniors, Rachel Ryan and Shae Shanahan, have shown a great deal of determination and loyalty to the Colorado Crew Program. As a number of their former teammates found the sport too challenging and unfulfilling and bailed on the program. Fortunately, these two stuck it out and helped stabilize the team in its rebuilding process.

Shae and Rachel served the crews they have been a part of very well. They might not have been the fastest rowers on the team but their commitment to workouts, team fundraising, recruiting and racing has set a great example for many of the younger rowers and established a strong foundation from which to build the team.

Both Shae and Rachel managed to row for a total of 4 years, which very few Colorado Crew Alumni can say they have done. In addition to rowing for 4 years, they rowed under many different coaches, in many different boats, trained under many different plans and had many personal and team goals. Their tenure was one of the hardest times to be a member of the women's team and yet they stuck it out. Not a lot of rowers have done this, which says a lot about these girls!

Congratulations and thank you for your commitment to the team! We look forward to your continued support in future years!



Rachel Ryan

Other 4 Year Rowers:

Sasha Ertle, Tuffer Dow, Craig Simons, Alex Boal, Jim Hill, Casey Myers, Max Taam, Kristian Howell, Hanne Gradinger, Sallie Hill, Alex Berlin, Rudy Ryback, Brooke Burger, Phil Corbit, Jeff Mohrmann (3 at cu, 1 at catholic) Louis Savage, Nate Birkhead, Todd Freedman, Brian Catalani.

Class Challenge Update

Class of 2004 Win's the 2006-2007 Class Challenge!!!

The competition is a way to reward the class that gave the most back to the program in a given season. There are three equally valued legs to the competition, all of which the class of '04 won. 1) percent of class participating, 2) amount of money raised, and 3) largest donation.

In boat race terms this victory was a horizon job. The '04's had the participation of all but one of its rather large class. The largest donation, \$5000, doubled the next biggest donation. The second place class of 2006 raised \$600. For this landslide victory the Class of '04 will get naming rights to one of the new 4+'s we are planning to buy!

It is a certainty that many of our alumni are short on available cash to donate or didn't even receive our last newsletter announcing the class challenge. Friends of Colorado Crew hopes that as the organization becomes more established, our newsletter hits the inbox of all of our alumni and alumni will become more competitive causing this challenge to grow and become a major funding and source of support for Colorado Crew.

With that said, **June 3rd** kicked off a brand new class challenge season! If you want your class to be featured in the newsletter, now is the time to start organizing and giving. Every dollar helps and adds up. If even half of the alumni that get this newsletter were able to spare \$100 we would be well on our way to buying the team a new boat.



*So Give a little, give a lot, just make sure you give back to the program that hopefully gave you so much.
This years Challenge has a goal of \$30,000 and ends on the last day of the IRA, June 7, 2008 .*

~Friends of Colorado Crew